

What to Pray For

IN A COURSE IN MIRACLES

Prayer occupies a major place in *A Course in Miracles*. The Course gives us more than 180 specific prayers to pray, including 140 lengthy prayers in Part II of the Workbook.

In the Workbook prayers, we don't ask for gifts that enhance our physical journey. Instead, we ask for gifts that further our spiritual journey. These include but are not limited to:

To forgive: Help us forgive, for we would be redeemed. Help us forgive, for we would be at peace. (Lesson 359)

To help others: I give Your peace to those who suffer pain, or grieve for loss, or think they are bereft of hope and happiness. Send me to them, my Father. (Lesson 245)

To hear God's Voice: My Father, speak to me today. I come to hear Your Voice in silence and in certainty and love. (Lesson 221)

To experience peace: Father, I come to you today to seek the peace that You alone can give. (Lesson 221)

To have true perception: Our Father, let us see the face of Christ instead of our mistakes. (Lesson 223)

To know our true identity: Father, You know my true identity. Reveal It now to me who am Your Son. (Lesson 252)

To have the truth: I have no prayer but this: I come to You to ask You for the truth. (Lesson 254)

To experience God: Let my forgiveness be complete, and let the memory of You return to me. (Lesson 291)